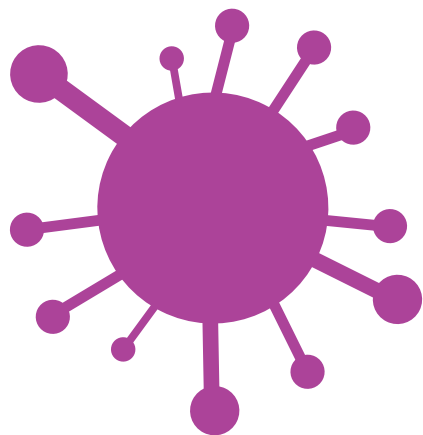




Coronavirus COVID-19

West Mercia Local Resilience Forum



Coronavirus COVID-19

Coronavirus (COVID-19) is a newly discovered infectious disease. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease and cancer, are more likely to develop serious illness.

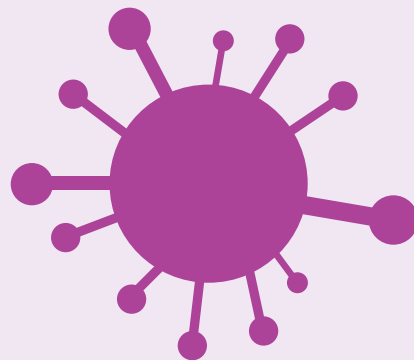
The best way to prevent and slow down transmission is to be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

What you can and can't do

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

The most effective way to reduce the spread of Coronavirus is to wash your hands regularly - clean hands protect against infection.

Washing your hands properly takes about as long as singing **Happy Birthday** twice. Use the images opposite from The World Health Organization on how to wash your hands effectively.



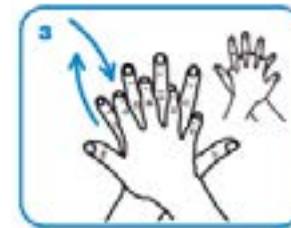
Wet hands with water,



apply enough soap to cover all hand surfaces,



rub hands palm to palm,



right palm over left dorsum with interlaced fingers and vice versa,



palm to palm with fingers interlaced,



back of fingers to opposing palms with fingers interlocked,



rotational rubbing of left thumb clasped in right palm and vice versa,



rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa,



rinse hands with water,



dry thoroughly with a single use towel,



use towel to turn off faucet ...



... and your hands are safe.

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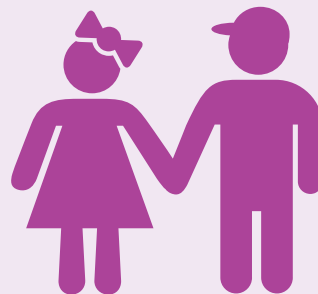
The gov.uk website is a one stop shop for information relating to Coronavirus. Visit <https://www.gov.uk/coronavirus>. Useful advice for all sectors of the community can be found including:

- protecting yourself and others;
- testing for Coronavirus;
- health and wellbeing;
- education and childcare;
- employers and businesses;
- work, financial support and money;
- housing and accommodation;
- international travel;
- volunteering and offering to help;
- healthcare workers, carers and care settings;
- Coronavirus cases in the UK.

To keep up to date with changes on GOV. UK about coronavirus, you can sign up for email alerts <https://www.gov.uk/email-signup?topic=/coronavirus-taxon>

The Children's Commissioner (<https://www.childrenscommissioner.gov.uk/coronavirus/>) has put together advice, information, suggestions, answers and resources to help during the pandemic, including a Children's Guide to Coronavirus <https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/03/cco-childrens-guide-to-coronavirus.pdf>

For up to date information direct from the NHS please visit <https://www.nhs.uk/conditions/coronavirus-covid-19/>



Personal Protective Equipment (PPE)

West Mercia Local Resilience Forum is being provided with an emergency supply of PPE from Central Government. This PPE is for organisations outside of the NHS supply chain who have the highest need clinically, including:

- those who currently have close, unavoidable contact with confirmed or suspected Covid-19 cases, including highly vulnerable groups; for example, adult social care (including care homes and home care), hospices, prison hospitals and local authority adult social care services for Covid-19 vulnerable groups;
- other services that would have a high priority need for PPE include general practitioners, children's homes, secure children's homes, children's social care services in local authorities, prison officers, police and funeral directors.

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If your organisation requires PPE and cannot get access to supplies through normal routes, please email one of the following West Mercia Hubs:

- Worcestershire: CV19Logistics@worcestershire.gov.uk
- Herefordshire: PPEdistribution@herefordshire.gov.uk
- Shropshire: STWPPE@shropshire.gov.uk
- Telford & Wrekin: STWPPE@shropshire.gov.uk

Guidance on the appropriate use of PPE can be found at this link <https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control/covid-19-personal-protective-equipment-ppe>

Testing

Testing is now available for a wide range of individuals. To find out if you are eligible and to access the most up to date guidance visit <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested>

Can your business support the Coronavirus response?

The Government is keen to exploit all possibilities around the supply of Personal Protective Equipment (PPE), other services, consumables or property during the current COVID-19 emergency.

CAN YOU PROVIDE:

- medical testing equipment;
- medical equipment design;
- protective equipment for healthcare workers such as masks, gowns and sanitiser;
- hotel rooms;
- transport and logistics for moving goods or people;
- manufacturing equipment;
- warehouse or office space, for medical use or storage;

- expertise or support on IT, manufacturing, construction, project management, procurement or engineering;
- social care or childcare.

If you have the potential to contribute to the national supply chain in any of the above categories, you are invited to join the government supply chain process by registering at the following link https://www.gov.uk/coronavirus-support-from-business?utm_campaign=Digital%20Briefing%20Newsletters%202020&utm_source=hs_email&utm_medium=email&utm_content=86264575&hsenc=p2ANqtz-9Cik0dKzyCXxva_pRnACehTvH1DWa8U5HmUJ9KfMPvCwdf5Qsb6VzAH5l-glC5Jc6RkHCNOM9q9Z5bxsaAkxxH4X3_8sVJzRwm9b3rlm7aTb8nOK8&hsmi=86264575