



Warwickshire  
**POLICE**



West Mercia  
**POLICE**

## MEDICAL FORM INFORMATION SHEET

**Please notify us immediately if any of your personal or medical details have changed or are likely to change.**

### Medical Form Common Mistakes:

- Don't forget to complete the Declaration page correctly on page 7:
  - there are 3 places to select the correct choice ("I do" or "I do not")
  - you must also sign and date the Declaration
- If you say "yes" to any of the medical condition questions, please provide full details (e.g. dates of illness, duration, frequency, treatment undergone and future follow ups)

**Check your BMI regularly to ensure you are within the acceptable scale 18 to 30  
Use the NHS calculator on:  
[www.nhs.uk/Tools/Pages/Healthyweightcalculator.aspx](http://www.nhs.uk/Tools/Pages/Healthyweightcalculator.aspx)**

**Remember that you will be measured and weighed when you attend for your medical appointment, so be honest when you use the BMI calculator!**

**Ensure your form is fully completed, go back and check for missing information.**

**To omit information or give misleading information during the Medical process may result in your elimination from the recruitment process.**

**Remember: Being a Police Officer is a physically and mentally demanding role, and under the Code of Ethics you are required to demonstrate the professional standard of Fitness for Work at all times**

**For more information on healthy living, you can visit websites such as [www.patient.co.uk/](http://www.patient.co.uk/) wellbeing or contact your GP for individual health guidance**